



Wellness Counselor

Company Overview:

Improve Your Tomorrow, Inc. (IYT) is an education nonprofit focused on increasing the number of young men of color to attend and graduate from colleges and universities. IYT is an AmeriCorps partner organization serving 1,500 students in Sacramento County, Stockton and college students across the nation.

Position Overview:

Reporting to the Director of the IYT Mentor Fellowship, the Wellness Counselor will work to improve the overall wellness of IYT staff and students through counseling and training.

Job Responsibilities:

- Conduct weekly individual and group counseling sessions with IYT mentor fellows, college students (and families), and program staff.
- Conduct student intakes, focused on diagnostic and functional evaluation, makes appropriate mental health treatment recommendations to the primary care providers, and establishes positive rapport with students, staff and families
- Implement and review treatment plans. Provide crisis intervention
- Collaborate with additional external treatment/wellness providers
- Assesses students with mental health, psychological, and/or substance use issues, create/manage wellness plans.
- Provide students and mentor fellows with education regarding their wellness plans, any mental disorder self-management techniques, and teach coping mechanisms for trauma related disorders.
- Communicates with team members, including medical providers, regarding students/mentor fellow's health as necessary. Refers individuals to health care providers and resources as needed.
- Assists students and staff with, and refers to appropriate public benefits, vocational rehabilitation, social support, housing and other appropriate community resources.
- Provides training and assistance in the techniques/practices of tasks. Leads group discussions, problem solving and project activities as necessary. Provides behavioral health management consultation and training to IYT team members
- Maintains all appropriate reports, charts, and documentation, including wellness progress and diagnostic information.

Qualifications:

Must Haves

- Believe in the mission, vision and values of Improve Your Tomorrow, Inc.
- Strong clinical skills in group and individual counseling, family group therapy, and parent education
- Have and maintain positive and supportive relationships with students, families and coworkers

Education

- Master's degree in psychology, social work, counseling or a related field
- Possesses a current license to practice social work, counseling, or therapy in California

Experience

- Minimum one year working in the field of mental health-based counseling
- Experience working with young men of color, at promise youth or young adults and/or families in a volunteer, internship, or paid position; clinical experience is preferred
- Knowledge and experience working with African American, Latino, Southeast Asian, Native or Pacific Islander populations
- Willingness/desire to maintain an untraditional schedule
- Experience in providing casework/case management services

Schedule: Full Time

Salary: Competitive/commensurate with experience and other qualifications. Benefits include vision, health, dental, 401K and 5 weeks paid vacation.

Apply online at www.improveyourtomorrow.org/careers. If you have any questions about your application, please contact (916) 299-3432 or email iyt@improveyourtomorrow.org.

Applications accepted until June 5, 2020.